

St. Andrews Scots School
Adjacent Navniti Apartment I.P Extension, Patparganj

Session-2026-27

Class-V.

Sub-Science

Worksheet L-4 and 5

Q1. Define

1. pupil-
2. Medulla-
3. Glucose-

Q2. Fill in the blank.

1. _____ helps us stay fit .
2. _____ and _____ protect eyes from dust .
3. _____ are automatic actions performed without thinking .
4. _____ is a water soluble vitamin.

Q3. Write True or False.

1. Water is important for the proper functioning of our body. _____
2. The basic unit of nervous system is a nerve cell. _____

Q4. Name them

1. Richest source of vitamin C _____
2. The coloured part of an eye . _____

Q5. How are vitamins classified ?How are they useful to us?

Ans.

Q6. What are the functions of nervous system?

Ans.